

PHYSIO DIRECT



TELEPHONE SERVICE



Physio Direct Telephone Service

What is a Physio Direct?

It is a telephone service to give early advice and support for people with Musculo-skeletal Conditions (soft tissue, joints and bones).

Who will I speak to?

A Chartered Physiotherapist based either at Neath Port Talbot Hospital, Princess of Wales Hospital, Bridgend, Morriston Hospital or Singleton Hospital.

How and when do I contact the service?

Neath Port Talbot Hospital: 01639 683167 / 683168

Princess of Wales Hospital: 01656 752898

Morriston / Singleton Hospitals: 01792 487453

NPTH - Monday to Friday from 10.00 a.m. to 11.00 a.m

POWH - Monday to Friday from 9.00 a.m. to 10.00 a.m

M/SH - Monday to Friday from 11.00 a.m. to 12 noon

How long will the phone call take?

The length of the telephone call will vary for each patient, but may take up to 15 minutes.

What will happen when I call?

You will be asked a number of questions by the Physiotherapist so they can fully understand your problem. You will be asked questions about:

- Your problem and how it is affecting your daily life
- The medicines you are taking
- Any other medical problems

It will be helpful to have this information available when you ring.